**Getting away**

When I’m stressed about life, school or my friend’s drama and I need to just be alone for a while I just go on a four-wheeler ride on my gravel road and clear my head. It’s nice to go on my four-wheeler because the engine of it drowns out the stress. It also helps me get fresh air to clear my head. Or I just ride around my house and just get away from it all. Or I would have a friend over and I can talk to them on what’s making me stressed and they can usually help me out and make me get out and have fun and it always makes me forget about what the problem was earlier that day. My friends are the ones I can count on the most.